

Berkhamsted Cycle Club Hill Climb 2022



BERKHAMSTED CYCLING CLUB

Start Sheet

Under C.T.T. Regulations

Men's & Women's Time 800M Hill Climb
Solo, Team, Men's, Women's, Vets & Junior Awards

Sunday October 16th, 2022. Start Time 10.00 am

Course FHC/2

Event Secretary: - Julian Ormerod
Berkhamsted Cycle Club

Timekeepers: Michael Bannister and Simon Pearce

Headquarters: Musette Café, Church Farm, Aldbury, Tring HP23 5RS

Awards Men & Women –

Senior £10

Vet £10

Espoir £10

Juvenile £10

Junior £10

Prize Giving

The prize giving ceremony will be held at HQ (Musette Café) at 11:30 am.

This is a "**Type A**" event and as such is open to registered riders and first claim members of CTT clubs, which you'll have named or have to name on entry to be accepted.

Competitors in Type A events must be either:

(a) members of clubs directly affiliated to the Company or of the Headquarters' Club; or

(b) schools' representatives when riding in Youth Championship events; or

(c) members of overseas clubs or trade teams affiliated through their National Governing Body or Federation to the Union Cycliste Internationale (U.C.I.).

Members of such clubs or trade teams may compete as a member of a national or regional representative team. All overseas riders must present their current racing licence or membership card to the designated official prior to starting. The minimum age for competitors when competing on a solo machine in events on the public highway is 12 years.

YOU NEED A WORKING FRONT AND REAR LIGHT AFFIXED TO YOUR BIKE

YOU NEED TO WEAR A PROPERLY AFFIXED HELMET

There will be no entries on the day. Start times as follows:

Number	Start Time	First Name	Last Name	Club	Gender	Category
1	10:01:00	Serena	Wylie	Berkhamsted Cycling Club	Female	Senior
2	10:02:00	Ian	Bisby	Leighton Buzzard Triathlon Club	Male	Veteran
3	10:03:00	Joshua	Foster	Leighton Buzzard Road Cycling Club	Male	Senior
4	10:04:00	Ian	Taylor	Berkhamsted Cycling Club	Male	Veteran
5	10:05:00	Brad	Harper	Berkhamsted Cycling Club	Male	Senior
6	10:06:00	Jacob	Sunderland	Verulam CC	Male	Junior
7	10:07:00	Stephen	Balbi	Velo Club Godalming & Haslemere	Male	Veteran
8	10:08:00	Chris	Ciliberti	Team Milton Keynes	Male	Senior
9	10:09:00	Huw	Thomas	Berkhamsted Cycling Club	Male	Veteran
10	10:10:00	Rob	Tomei	Berkhamsted Cycling Club	Male	Senior
11	10:11:00	Damian	Kerr	Berkhamsted Cycling Club	Male	Veteran
12	10:12:00	Tom	Littlehales	Leighton Buzzard Road Cycling Club	Male	Senior
13	10:13:00	George	Robb	Bedfordshire Road CC	Male	Juvenile
14	10:14:00	Jared	Millar	Verulam Really Moving	Male	Veteran
15	10:15:00	Keith	Richardson	Icknield RC	Male	Veteran
16	10:16:00	Ben	Hurford	Ashmei Musette Race Team	Male	Veteran
17	10:17:00	Karine	Jones	Verulam Really Moving	Female	Veteran
18	10:18:00	Mathilde	Pauls	1904RT	Female	Senior
19	10:19:00	Joe	Parsons	Watford Velo Sport	Male	Veteran
20	10:20:00	Peter	Fry	Cowley Road Condors CC	Male	Veteran
21	10:21:00	Ash	Miles	CC Giro	Male	Veteran
22	10:22:00	James	Garstin	Cyclists-Training-Partner Hill Climb Team	Male	Veteran
23	10:23:00	Alastair	Merrill	VC 10	Male	Veteran
24	10:24:00	Ben	Smith	Verulam CC	Male	Veteran
25	10:25:00	Thomas	Robb	Bedfordshire Road RT	Male	Veteran
26	10:26:00	Benn	Hall	Dunstable Road Cycling Club	Male	Senior
27	10:27:00	Jordan	Trace	Amersham Road Cycling Club	Male	Senior
28	10:28:00	Daniel	Shoobridge	Nopinzi Motip Race Team	Male	Senior
29	10:29:00	Jonathan	Groves	Rapha Cycling Club	Male	Veteran
30	10:30:00	Charlie	Openshaw	Team Lifting Gear Products	Male	Veteran
31	10:31:00	Francis	Eades	Islington Cycling Club	Male	Senior
32	10:32:00	Kate	Robinson	Inflite	Female	Senior
33	10:33:00	Harriet	Hernando	Maidenhead & District CC	Female	Senior
34	10:34:00	Hamish	McDougall	Team Lifting Gear Products	Male	Senior
35	10:35:00	Calvin	Cheung	Hub Velo	Male	Senior
36	10:36:00	Marc	Charton	Solihull CC	Male	Juvenile
37	10:37:00	Ellis	Pullinger	Rugby Velo	Male	Senior
38	10:38:00	Becky	Hair	Team Watto	Female	Senior
39	10:39:00	Bithja	Jones	Pankhurst Cycles	Female	Veteran
40	10:40:00	Cameron	Walker	Cambridge University CC	Male	Espoir
41	10:41:00	Darren	Kidson	Onyx RT	Male	Veteran
42	10:42:00	Alan	Wylie	Ashmei Musette Race Team	Male	Senior

NO U TURNS WHATSOEVER ON HILL CLIMB COURSE IN SIGHT OF START | FINISH – PENALTY DQ

Regulation 16. Competitors Clothing

1. All riders are reminded of the requirement to pin your number below the waist in a position so as to be clearly visible from behind. This enables the number checkers to ensure your finish time is correctly recorded.
2. No competitor may carry advertising except as a member of a club that has paid the advertising fee.
3. All riders must be wearing short or long-sleeved cycling jerseys and skin suits; no triathlon or sleeveless tops allowed.

Local Regulations.

- No.1. No U turns should be made in sight of the start or finish areas while riding on the public highway.
- No.3. No cars other than that of the timekeeper(s) and other event officials are to be parked in the vicinity of the start or finish points.
- No.4. Please do not park across driveways, or within 75m of road junctions, park with care.
- Absolutely no parking on any part of the course, at any time.
 - Any infringement of these instructions/regulations will result in disqualification and possibly further disciplinary action.
 - Please collect race numbers in person at the H.Q. and sign the required form.

Return to HQ after your ride and 'SIGN OUT' as per regulation.

IN THE INTERESTS OF YOUR OWN SAFETY

**YOU MUST HAVE A WORKING FRONT AND REAR LIGHT
ATTACHED AND BOTH SWITCHED ON**

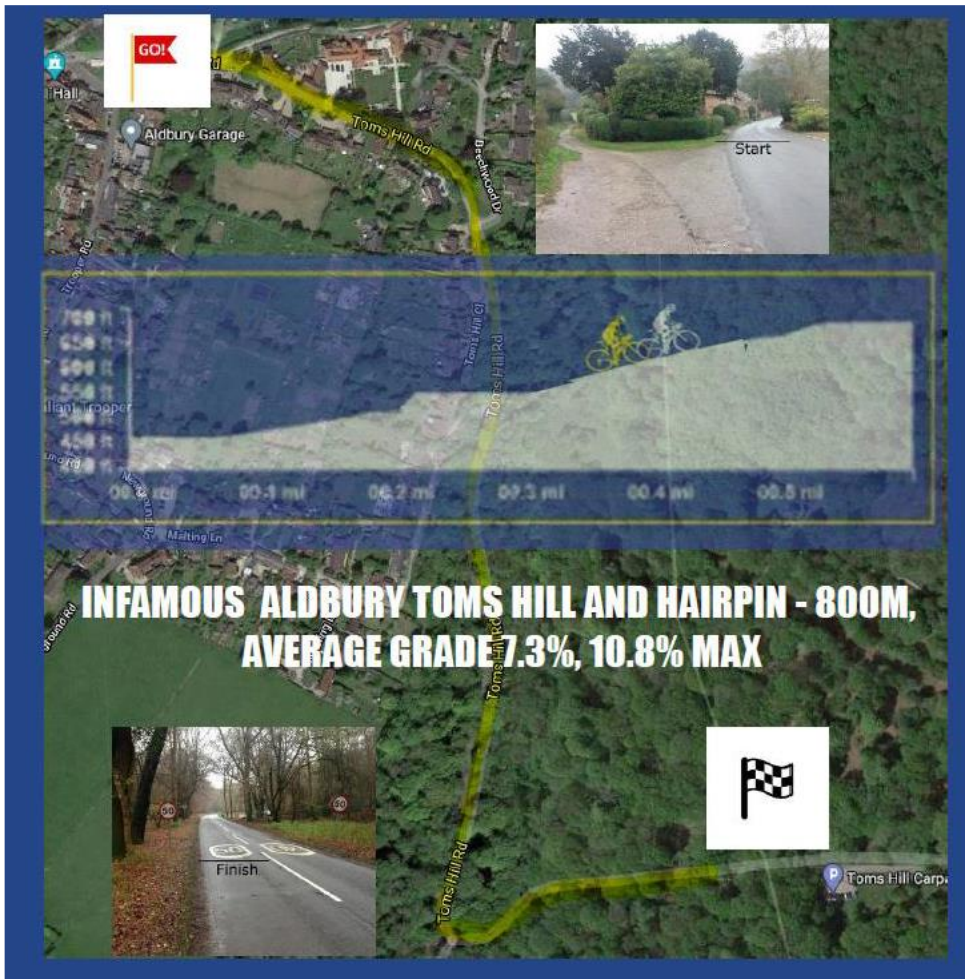
**YOU MUST WEAR A HARD SHELL HELMET THAT MEETS AN
INTERNATIONALLY ACCEPTED SAFETY STANDARD**

This event may be subject to a doping control.

As soon as you have finished, you should return to event HQ as it is your responsibility to check if you are required for Doping Control.

If your number is displayed, you should report, immediately, to Doping Control, which will be nearby.

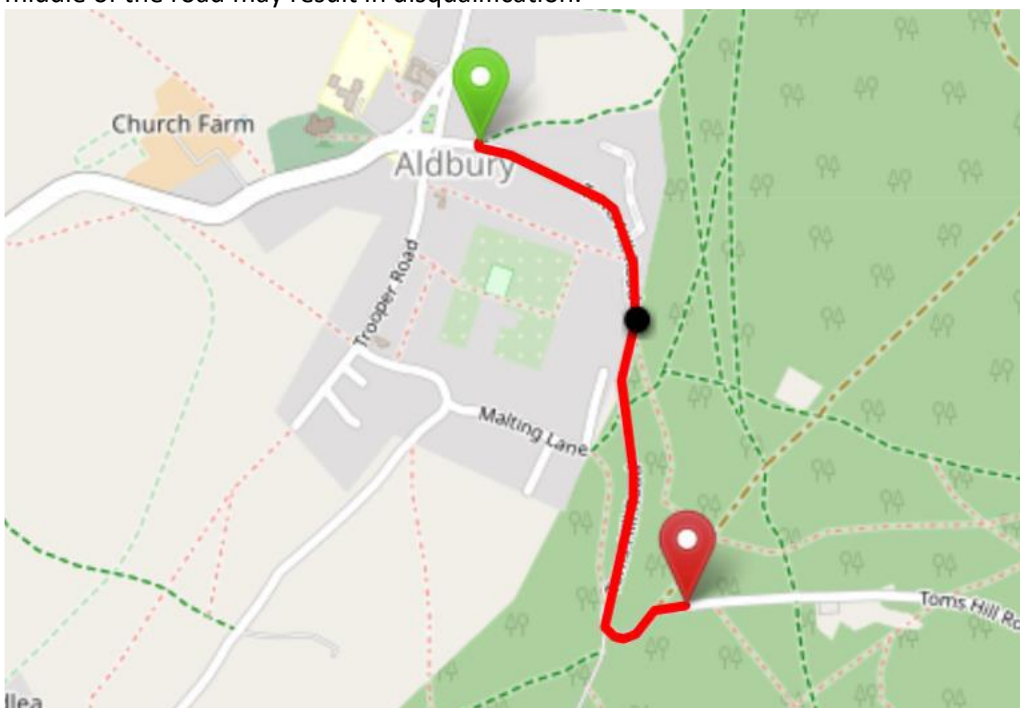
REMEMBER, it is up to you to check and ensure you comply.



Police Area(s) Hertfordshire

START Just East of the Village Green at the Start of Toms Hill (see photo). Proceed uphill and around hairpin bend before slight corner right and finish next to road traffic speed and road speed markings 800m later.

Riders should stay on their side of the road for the race, crossing over the white line on the middle of the road may result in disqualification.



PARKING

Musette Café is 300m past the start of the event. The car park is IMMEDIATELY to your left as you enter through the automatic gates, please park considerately. ONLY park on the grass if the weather and underfoot is dry.

Please cycle to the event if you can. If you come to the race HQ by car, ensure social distancing by parking your cars nose to tail. So if the car next to you has it's boot/rear facing inward, front outward, then you park your car facing forward and so on.

It's going to be busy. The café is popular. Please walk down from when the farm buildings start, past the stables (DO NOT RIDE) with your bike to the café and registration.

Signing on IMPORTANT

HQ will be held at Musette Café at Aldbury. <https://www.musettecafe.co.uk/>

Musette will be providing hot and cold refreshments which can be purchased. These will be available from 9.00 am. Musette ask guests to wear their mask on entry until seated at their table or when walking around inside.

Signing in will be self-serve. Start lists will be taped to the sign on table. **Bring your own safety pins. Please return race numbers back to the desk, sign out and place numbers in bucket provided.**

COVID 19

You may ONLY compete if you are in good health and not exhibiting symptoms of Covid 19 in the week prior and on the day of the race. You should not race if you have had advice from a medical professional advising you not to do so.

Specifically, for the Berkhamsted HC:

- Competitors should not attend if they feel ill in ANY way or if family members have any symptoms
- ARRIVE DRESSED TO RACE
- An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind. You should NOT start the event (DNS) and leave immediately. Do not go to the start line if you feel this is the case and notify the organiser of your intention not to start as a result of an adverse warmup.
- Ideally all warm-ups should be done on the road.

RACE CHANGES

- Competitors MUST NOT leave any personal items with the timekeeper.
- Competitors must report FIVE (5) minutes before allocated start time.